

## **Jan Hansen, B.A. (Psych.)**

Jan Hansen's involvement with energy healing techniques evolved from professional experience in health care, pursuit of knowledge in alternative therapies and intensely personal life-changing events that facilitated her own spiritual growth. The combination of personal and professional awareness of how and why life can be beautifully enhanced through energy work brings a special authenticity to her practice.

In 21 years with the Parkinson's Society, Jan's work as counselor, facilitator and speaker brought deeply challenging and rewarding experiences with individuals affected by Parkinson's, their families and health care providers. It was through this role that she became aware of Brain Gym, a therapy she used herself and observed as being helpful in others. Its effectiveness led her to research other alternative therapies.

In order to present Reiki as a viable therapy to those in traditional medicine, she gathered and presented evidence from a scientific standpoint, bringing her a unique depth of knowledge and achieving her aim with medical professionals. Earning her Reiki Master credentials, she incorporated her skills into her work with the Society.

Now certified in Reiki, BodyTalk, Quantum Touch and Colour/Sound Therapy, the multi-disciplinary aspect of her vocation has led her to study the potential of free form energy work. Drawing on the principles from various modalities and her intuitive approach provides Jan's clientele with a personalized experience.

## **Dr. Margaret Nowotarski Ph.D.**

Nutrienergetic Practitioner

Ph.D. in Immunology

M.Sc. In Biochemistry

A knowledgeable and compassionate practitioner, Margaret Nowotarski offers expertise developed through 30 years of dedication in the field of health.

Educated at Medical University and University of Wroclaw (Wroclaw, Poland), Karolinska Institute (Stockholm, Sweden) and McGill Center for the Study of Host Resistance (Montreal, Canada), Margaret's extensive background in research and product development spans more than 20 years in Poland, Sweden and Canada.

As co-author of over thirty scientific articles and conference presentations, she has thorough knowledge and experience in the fields of infectious and parasitic diseases, wound healing and whole food nutrition.

Working with research teams at academic institutions, hospitals and in the biopharmaceutical industry has provided her with an extensive depth of understanding that she applies daily in her current practice to benefit her clients.

Based in Calgary Alberta, Dr. Nowotarski provides personalized health analysis testing, nutritional advice and recommendations on natural solutions to health conditions including skin health problems. In these roles, she operates BioEnergetic Santé and DermAnica Labs.

Margaret cares uniquely for each individual client according to his or her personalized health needs and looks forward to hearing from you.

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